

VSM COLLEGE (A) : RAMACHANDRAPURAM

NATIONAL CADET CORPS

Report on International Yoga Day, 21.06.2019

As per the directions of Cdr. NRK Ravi Shankar Commanding Officer of 6(A) Naval NCC, Kakinada, Naval NCC Cadets of VSM College celebrated International Yoga Day on 21-06-2019 at 6.00 AM in the College UG Seminar Hall. Total 154 (Naval+Army) NCC Cadets (Senior Division, Junior Division and Senior Wing Cadets) from Govt. High School, Alamuru, SKPGN Govt. High School, Ramachandrapuram, SKPGN Govt. Degree College, Ramachandrapuram and VSM College were participated in this programme along with the respective ANOs Lt. Cdr. K. Srinivasa Rao and Lt. NLVRK Prasad (SKPGN Degree College, Sri Venkata Rao, Alamuru and Sri Trinadh from SKPGN School)

At the beginning, we conducted a meeting. This was Presided over by the Principal, Sri NSV Kiran Kumar and Directors Sri MSN Murthy, Smt. KM Meenakshi attended as guests of honour. Yoga gurus, Sri K. Ramachandra Rao and Sri B Srinivasa Rao conducted the programme successfully. With the help of Yoga teachers, the cadets practiced all Yoga asanas and were taught the importance of each asana. The Programme began with prayer and continued for more than 1 hour and ended with another prayer followed by National Anthem. The Principal and the Directors of VSM College appreciated the NCC Cadets for their response and motivation towards the Yoga. Total of 154 Naval NCC Cadets participated in the programme and the cadets were provided refreshments sponsored by the 6 (A) Naval NCC Unit, Kakinada.



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SOCIAL SERVICE ACTIVITY

On the occasion of TEACHER'S Day our College Army Wing NCC Cadets donated Fruits (Apples) & Mixture packets to 77 Orphans and Blind Children at Blind School, Mutchimilli Road, Ramachandrapuram on **05.09.2019**. In this event, 27 Army NCC Cadets, Army NCC Officer Major MVV Chowdary, Naval NCC Officer, Lt.Cdr.KS Rao and PI Staff Hav. Thapa attended.







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SWATCHHATA PAKHWADA

from 01.12.2019 to 15.12.2019

Swatchhata Pledge (Cleanliness Drive Pledge) in the College 01ANO and 72 Cadets



**Mass Awareness Rally flag off by our College Principal Sri.NSV Kiran Kumar.
Army Wing ANO Major.MVV Chowdary and 67 Cadets of Army Wing.**



Talk/Speech : What can I do to clean my City



Shramdaan – Cleaning of Historical Monuments



Mass Mobilization and Awareness on Open Defecation



Cleaning of Govt. Office, Ramachandrapuram Area Hospital



Cleaning of Govt. Office, Civil Court Premises



Cleaning in the College Premises



Seminar Swatchhta : “The Way Ahead”



Mass Awareness Rally including Pledg



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NCC Cadets are cleaning the Public Parks in Ramachandrapuram on 11.12.2019 as a part of Swatchh Bharat.



NCC Cadets are cleaning the Water bodies in Ramachandrapuram on 11.12.2019 as a part of Swatchh Bharat.

